
Langley Parents As Partners in Learning Registration

To register for any of the workshops please go to
www.thinklangley.com and click on Parent Programs
To register by phone call the Langley School Board office,
Clerical Resources at 604.534.7891.

You may also prefer to fill out the form below:

_____ I have enclosed a cheque for \$_____ made payable to Langley
SD#35. (Please send to Clerical Resource, Langley SD#35, 4875
222nd St., Langley, BC V3A 3Z7.)

_____ I am paying with VISA / MasterCard.

Account # _____

Exp. Date: _____

_____ @ \$45 The Special Price of \$45 for all 4 workshops!!

_____ \$15 / _____ \$25 A. (4000-10) Connecting with Your Kids
Thursday, October 21st, 2010

_____ \$15 / _____ \$25 B. (4001-10) How To Grow Happy People
Thursday, November 18th, 2010

_____ \$15 / _____ \$25 C. (4002-10) How to Raise a CHIKid,
Wednesday, February 9th, 2011

_____ \$15 / _____ \$25 D. (4003-10) You're Not The Boss of ME
Wednesday, March 16th, 2011

**Cancellations must be made 48 hours before workshop for a refund.
Unless otherwise stated all workshops are for parents only.

For more information go to www.thinklangley.ca

Langley Parents as Partners in Learning Mission Statement

We pride ourselves on bringing to Langley's parents
unique opportunities to listen to noteworthy speakers
and to participate in highly informative workshops
in supporting their child's education.



Langley
Parents as Partners
in Learning



Presents



Connecting
With Your
Kids

Year-at-a-Glance 2010-2011



A. Connecting with Your Kids through Early Literacy and Play with Fiona Morrison

In this hands on session participants will engage in a variety of activities to explore how families can support early literacy development in playful ways and consider the many ways young children learn through play. Come prepared to engage and interact with others!!

Fiona Morrison is currently Director of Family Literacy and Early Learning at 2010 Legacies Now, a non-profit society in BC. Fiona spent many years as a teacher in the Langley School District and is passionate about working with families to support their children's learning.

**Thursday, October 21st, 2010, 7:00 pm
Aldergrove Community Secondary, Dramnasium
\$15 / \$25**

4000-10

B. How To Grow Happy People with Dr. Vanessa Lapointe

This workshop focuses on helping parents, caregivers and educators understand their role in developing and nurturing connections with children. Young people who are 'connected' develop the ability to form responsive relationships, are better able to manage their emotions, regulate their behaviour and relate to the world around them.

Workshop participants will learn about the concept of 'attachment' or the special relationship between a child and a key adult. We will discover how to take care of these trusted relationships throughout the various developmental stages, from infancy through to adolescence.

Come and learn how your role in responding to a child's quest for connection can help to create an atmosphere of emotional safety that promotes lifelong happiness. After all, the secret to growing happy people is.....CONNECTION!!



Dr. Lapointe has been supporting families and children for 10 years. Her areas of expertise include psychoeducational and developmental assessment of children, as well as counselling children of all ages and supporting parents. Dr. Lapointe is also actively involved in the provincial early childhood community through educational programming and through specific community-based research initiatives.

**Thursday, November 18th, 2010, 7:00 pm
Langley Fine Arts School, Theatre
\$15 / \$25**

4001-10

C. How to Raise a CHIKid: Kids Keeping Stress and Anxiety at Bay with Michele Hucul-Kambolis

This workshop will teach parents and professionals:

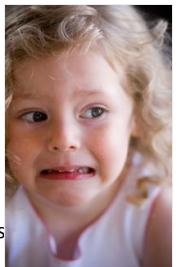
- what factors lead kids to experience more stress and anxiety
- how to spot stress & anxiety in kids and youth
- how to identify the difference between normal stress and serious anxiety disorders
- the impact of stress and anxiety on learning
- what you can do to help your kids (practical tools for happier kids)
- resources to help and the most effective treatments available

Most importantly, participants will learn ways o help ensure this generation of children are happier and better supported against the long term, sometimes debilitating effects of anxiety.

Michele Kambolis is a mental health therapist who lends her knowledge to many parenting publications and radio shows in Vancouver. She is the vice-chair or BC Mental health Foundation and is passionate about actively pursuing the plight to eliminate mental illness. When pen is not in hand, she is training group facilitators to run CHIKids - groups that teach children stress reduction and youth happiness tools for like.

**Wednesday, February 9th, 7:00 pm
RE Mountain Secondary
\$15 / \$25**

4002-10



D. You're Not the Boss of Me: Understanding Resistance in Children with Dr. Deborah MacNamara

Children are naturally inclined to resist and oppose when feeling pressed upon or controlled. Although the reaction is quite normal and even healthy in certain circumstances, its manifestations and impact can be highly disruptive and disturbing, making life difficult for parents and teachers. Counterwill can take many forms: negativism, disobedience, rebellion, passivity, noncompliance, disrespect, nonconformity, belligerence, incorrigibility and even antisocial attitudes and actions, depending upon the age and personality of the child. Based upon Dr. Gordon Neufeld's paradigm we will discuss the meaning of this deep-rooted instinct as well as the dynamics that control its existence and expression. There will also be an introduction on strategies for how to handle this misunderstood and troublesome reaction.

Topics Include: what is counterwill and why kids resist
attachment and the counterwill instinct
counterwill and how it is mistaken as a sign of strong will
understanding the counterwill of young children
working with stuck children in relation to counterwill
Strategies for handling counterwill

Dr. Deborah MacNamara is a Clinical Counselor and Educator, having worked with children, adolescents and adults for over 15 years in education and mental health. Deborah specializes in making sense of children's learning and behavioural problems and in helping adults work to address and resolve such issues. After interning with Dr. Gordon Neufeld, she is on Faculty at the Neufeld Institute and is the Mother of 2 young children.

**Wednesday, March 16th, 2011, 7:00 pm
Brookwood Secondary, Theatre
\$15 / \$25**

4003-10

