

****Take advantage of our new 4 for the price of 3 program!!!****

A. Connecting with Your Kids through Early Literacy and Play *with Fiona Morrison*

In this hands on session participants will engage in a variety of activities to explore how families can support early literacy development in playful ways and consider the many ways young children learn through play. Come prepared to engage and interact with others!!

Fiona Morrison is currently Director of Family Literacy and Early Learning at 2010 Legacies Now, a non-profit society in BC. Fiona spent many years as a teacher in the Langley School District and is passionate about working with families to support their children's learning.



**Thursday, October 21st, 2010
7:00 pm
Aldergrove Community Secondary
\$15 / \$25**

4000-10

B. How To Grow Happy People *with Dr. Vanessa Lapointe*

This workshop focuses on helping parents, caregivers and educators understand their role in developing and nurturing connections with children. Young people who are 'connected' develop the ability to form responsive relationships, are better able to manage their emotions, regulate their behaviour and relate to the world around them. Workshop participants will learn about the concept of 'attachment' or the special relationship between a child and a key adult. We will discover how to take care of these trusted relationships throughout the various developmental stages, from infancy through to adolescence.

Come and learn how your role in responding to a child's quest for connection can help to create an atmosphere of emotional safety that promotes lifelong happiness. After all, the secret to growing happy people is.....CONNECTION!!

Dr. Lapointe has been supporting families and children for 10 years. Her areas of expertise include psychoeducational and developmental assessment of children, as well as counselling children of all ages and supporting parents. Dr. Lapointe is also actively involved in the provincial early childhood community through educational programming and through specific community-based research initiatives.



**Thursday, November 18th, 2010
7:00 pm
Langley Fine Arts School
\$15 / \$25**

4001-10

C. How to Raise a CHIKid: Kids Keeping Stress and Anxiety at Bay *with Michele Hucul-Kambolis*

This workshop will teach parents and professionals:

--what factors lead kids to experience more stress and anxiety

--how to spot stress & anxiety in kids and youth

--how to identify the difference between normal stress and serious anxiety disorders

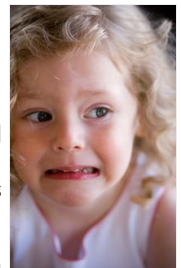
--the impact of stress and anxiety on learning

--what you can do to help your kids (practical tools for happier kids)

--resources to help and the most effective treatments available

Most importantly, participants will learn ways to help ensure this generation of children are happier and better supported against the long term, sometimes debilitating effects of anxiety.

Michele Kambolis is a mental health therapist who lends her knowledge to many parenting publications and radio shows in Vancouver. She is the vice-chair of the BC Mental Health Foundation. When pen is not in hand, she is training group facilitators to run CHIKids - groups that teach children stress reduction and youth happiness tools for life.



Wednesday, February 9th., 2011, 7:00 pm

RE Mountain Secondary

\$15 / \$25

4002-10

D. You're Not the Boss of Me: Understanding Resistance in Children *with Dr Deborah MacNamara*

Children are naturally inclined to resist and oppose when feeling pressed upon or controlled.

Although the reaction is quite normal and even healthy in certain circumstances, its manifestations and impact can be highly disruptive and disturbing, making life difficult for parents and teachers. Counterwill can take many forms: negativism, disobedience, rebellion, passivity, noncompliance, disrespect, nonconformity, belligerence, incorrigibility and even antisocial attitudes and actions, depending upon the age and personality of the child. Based upon Dr. Gordon Neufeld's paradigm we will discuss the meaning of this deep-rooted instinct as well as the dynamics that control its existence and expression. There will also be an introduction on strategies for how to handle this misunderstood & troublesome reaction.

Dr. MacNamara is a Clinical Counsellor and Educator, having worked with children, adolescents and adults for over 15 years in education and mental health. Deborah specializes in making sense of children's learning and behavioural problems and in helping adults work to address and resolve such issues. After interning with Dr. Gordon Neufeld, she is on Faculty at the Neufeld Institute and is the Mother of 2 young children.



Wednesday, March 16th, 2011, 7:00pm

Brookwood Secondary

\$15 / \$25

4003-10



Langley Parents as Partners in Learning Year at a Glance



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Langley Parents as Partners in Learning Mission Statement

We pride ourselves on bringing to Langley's parents unique opportunities to listen to noteworthy speakers and to participate in highly informative workshops in supporting their child's education.

Who We Are and What We Do

More than 20 years ago the Langley School District recognized the important and vital link between home and school, and the benefit for students to have their parents involved in their educational development.

One of the very important initiatives that were developed was the creation of a committee which would provide workshops for parents that would support them in their role as parents.

This committee consists of representation from Aldergrove Neighbourhood Services, Langley Child Development Centre, a School Board representative, District Principal, Special Services Representative, and a core group of parents. All of whom have a personal interest in the success of this program.

The Langley Parents as Partners in Learning committee plans 4 to 6 workshops per year which are open to all interested parents and are held in the evening at local schools.

Our program generally includes one major speaker per year as well as several smaller workshops. We also offer "parent and child" evenings when appropriate.

Langley Parents as Partners in Learning receives no funding from the district other than the support provided by district staff.

A nominal fee is charged for our workshops to cover expenses, including advertising, facility rental, and speaker fees that can range from a small honorarium to as high as \$5000.

Our program is also generously supported by donations from local community organizations. We thank Aldergrove Neighbourhood Services and Langley District Parent Advisory Council, and Langley Child Development Centre for their support.

Langley Parents As Partners in Learning Registration

To register for any of the workshops please go to www.thinklangley.com and click on Parent Programs

To register by phone call the Langley School Board office, Clerical Resources at 604.534.7891.

You may also prefer to fill out the form below:

_____ I have enclosed a cheque for \$_____ made payable to Langley SD#35.
(Please send to Clerical Resource, Langley SD#35, 4875, 222nd St., Langley, BC V3A 3Z7.)

_____ I am paying with VISA / MasterCard: Account # _____, Exp. Date: _____

_____ **@ \$45 The Special Price of \$45 for all four workshops!!**

Each workshop can be attended for \$15 per person or \$25 for two people.

_____ \$15 / _____ \$25 A. (4000-10) Connecting with Your Kids, Thursday, October 21st, 2010,

_____ \$15 / _____ \$25 B. (4001-10) How To Grow Happy People, Thursday, November 18th, 2010

_____ \$15 / _____ \$25 C. (4002-10) How to Raise a CHIKid, Wednesday, February 9th, 2011

_____ \$15 / _____ \$25 D. (4003-10) You're Not The Boss of Me, Wednesday, March 16th, 2011

****Cancellations must be made 48 hours before workshop for a refund. Unless otherwise stated all workshops are for parents only.**

For more information go to www.thinklangley.ca