

A la Carte - Build your own meal

Kitchen Favourite

A	BBQ Pulled Pork on a Bun	\$4.25
B	Cheese Pizza	\$4.00

Around the World

C	Soft Beef Tacos	\$4.00
D	California Sushi Roll	\$4.25

Pasta

E	New and Improved! Homemade Macaroni and Cheese with side corn	\$4.00
F	Spaghetti and Meatballs	\$4.00

Traditional Dinners

G	Potato and Cheese Perogies	\$4.00
H	Chicken Fingers with Rice and Corn	\$4.25

Sandwiches, Salads and Wraps

I	Chicken Caesar Salad	\$4.25
J	Crunchy Chicken Ranch Wrap	\$4.25

Burger Bar

K	Beef Hamburger	\$4.00
L	Real Cheddar Cheese Burger	\$4.25
M	Chicken Burger	\$4.25
N	Veggie Burger	\$4.50

Wholesome Additions

1. Warm Garlic Breadstick	\$1.25	11. Kettle Popcorn	\$1.75
2. Caesar Salad	\$1.50	12. Danone Coolision Yogurt "Freezie"	\$1.00
3. NEW! Chocolate Chip Cookie Bar	\$1.00	13. Chocolate Pudding	\$1.00
4. Fresh Apple Slices	\$1.25	14. Corn on the Cob	\$1.50
5. Fresh Veggie Pack	\$1.00	15. 100% Apple Juice or 31. 100% Orange Juice	\$0.75
6. Toppings- lettuce,tomato,pickle	\$1.00	16. 2% Milk	\$1.25
7. Peach Slices in Juice	\$1.00	17. Chocolate Milk	\$1.50
8. Brownie Loaf	\$1.00	18. Grape Juice	\$0.75
9. Blueberry Yogurt Parfait	\$1.50	19. Sparkling Mango Juice	\$1.50
10. Chicken Noodle Soup	\$1.50		

Willoughby Sept 21 - Nov 30

Our Features include everything for a Well Balanced Lunch

Our BEST VALUE Combos - Eat right. Great Price

V1	Real Cheddar Grilled Cheese sandwich, fresh veggies and 100% juice	\$5.00
V2	Penne with Tomato Sauce, fresh veggies and 100% juice	\$5.00
V3	Whole grain pancakes, side syrup, yogurt and 100% juice	\$5.00

Our most POPULAR fun packed meals include fresh veggies, 100% juice and a bakery treat.

R1	Chicken Nuggets! ..and a dinner bun	\$5.95
R2	Beef Hamburger!	\$5.95
R3	Pepperoni Pizza Smasher! Everything you love about pizza in a bun [turkey pepperoni]	\$5.95

ALL DAY Breakfast for Lunch!

S1	Pancakes, scrambled egg, turkey sausage, sliced peaches and 100% juice	\$5.95
S2	Pancakes and turkey sausages, sliced peaches and 100% juice	\$5.95

Just for Fun

83	A special Lunch Lady Magic Mood graphite Pencil - the outside changes colour when you hold it!	\$1.00
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Have any questions? Need to cancel? Meals cancelled before 8 AM on the day of service will receive a credit for another time. Trip? 3 days notice is appreciated. Keep my details handy!

**lori.kylie@thelunchlady.ca
Ph: 604-460-9015
Fax: 604-460-9035**

I am always glad to hear from you

www.thelunchlady.ca

Willoughby

IMPORTANT! Please fill out the back of this form

Student Name _____

Teacher _____ Rm# _____ Gr _____

This paper menu due: Thurs Sept 15

Sep	item	item	item	item	item	\$
We 21						
We 28						
Oct	item	item	item	item	item	\$
We 5						
We 12						
We 19						
We 26						
Nov	item	item	item	item	item	\$
We 2						
We 9						
We 16						
We 23						
We 30						
Total to remit						\$

Every Entree and Combo ordered raises funds for your school! Thanks for ordering with us!