

## **SPRING FUN AT LANGLEY MEADOWS**

(Please register early as spaces are limited. Registration form on reverse side of page.)

**ADVENTURE CLUB:** Children will enjoy indoor and outdoor games, crafts and more with the focus on safety and having fun. Please dress according to the weather. Meet in the library. Fee: \$15

Grades 1 and 2 Wednesdays May 6 to 27, 2:30 to 3:45 PM

Grade 3 and 4 Wednesdays, April 8 to 29, 2:30 to 3:45 PM

**FUN WITH FOOD:** Participants will have fun making their own food creations while learning about kitchen safety and hygiene. Meet in Mrs. Burgess' room Fee: \$12

Grade 1 to 3: Mondays April 6, 20, & 27 (no class April 20th) 2:30-3:45

Grades 4 or older: Mondays May 4 – 25 (no class May 18th) 2:30 to 3:45

**SNACK ATTACK:** Children will create their own snacks and play active games. Meet in Mrs. Burgess' Room. Fee: \$12

Grade 1, 2 & 3: Mondays, June 1, 8 & 15.

Grade 4 & 5: Wednesdays, June 3, 10 & 17th.

**GAMES CLUB:** Learn new games; have fun playing the ones you already know! Students grade three or older meet in the library for a variety of board and party games. Thursdays, 2:30 to 3:45 PM April 2 to May 14, 2:30 to 3:45 PM Fee: \$12

**FLOOR HOCKEY:** Grade 5, 6, 7 and 8 students are welcome to drop in to the school gym for floor hockey Thursdays, from 4:00 to 5:00 PM.

Fee: \$1 per visit.

**PILATES ( NO LEVEL):** This revolutionary full body conditioning program comprises of a series of approximately 500 designed movements performed on a mat or apparatus. It is a blending of Eastern and Western mental and physical conditioning philosophies. Primary focus is on the abdomen, lower back, and buttocks, which make up the core of the body. The system is designed to increase flexibility, build strength, and tone muscles. Emphasis is on body awareness, controlling body alignment and correct breathing through concentration and focus on efficient movement. Penny Lummis instructing. January 21 to March 4th, 8:00 PM Fee: \$35 (Seven sessions) or \$7 drop-in fee. Multipurpose Room

Community Basketball for Adults: Tuesdays, 8:15 to 9:30 \$1 drop-in fee

Community Volleyball for Adults: Thursdays, 8:30 to 9:30 \$1 drop-in fee

At Langley Meadows Community School Gym- Enter by Staff Room

**Langley Meadows Community**  
**Saturday, April 25th 9:00 – 1:30 pm**



Book a \$15 table to set up in the Langley Meadows Community School Parking Lot or Residents of Langley Meadows can host their own garage sales and have them advertised for FREE on a community map to be handed out to everyone who visits the school sale.

**This event will be advertised in the Garage Sale ads of the Langley newspapers. Contact Mrs. Hunt at 604-530-4101 to book a table or to have your address recorded as a sale site on the community garage sale map.**